



Inclusion Arabia
UNDERSTANDING | AWARENESS | ACTION

Questions to Ask at the Start of the New Term

A Gentle Guide for Parents

Turning Awareness into Action

Before we begin...

- *You don't need to ask every question at once*
- *Use these as reflection prompts or conversation starters*
- *Check back in as your child settles into the term*

The goal is to help you understand your child and start conversations with teachers - not to overwhelm you or the school.



Self Reflections

- *How does my child usually feel at the start of a new term?*
- *What went well for them last term?*
- *What felt tricky or tiring for them?*
- *Are there changes at home that could affect school this term?*



Learning & Classroom Support

- *What learning approaches help my child the most?*
- *Are they more confident with reading, writing, or numbers?*
- *Do they need extra time, visual aids, or breaks during lessons?*
- *Who should I speak to if I notice learning struggles?*
- *What adjustments worked last term, and what could be improved?*



Wellbeing & Emotional Navigation

- *Who notices if my child is feeling stressed or upset at school?*
- *How does my child usually express frustration or worry?*
- *Are there strategies in place to support them emotionally?*
- *What support is available if they feel overwhelmed or anxious?*
- *How will I know if my child is struggling socially or emotionally?*



Exams, Assessments & Fairness

- *How does my child usually perform in exams and tests?*
- *Are there adjustments available if they struggle under pressure?*
- *How are assessments designed to be fair for all students?*
- *Who can I talk to if I notice my child isn't showing their true abilities?*
- *When should I raise concerns about assessments or results?*

You may hear from teachers about support plans, progress, or adjustments as the term goes on.



Effective Communication

- *Who is my main contact at school this term?*
- *How should I raise concerns or ask questions?*
- *How often will I get updates about my child's progress?*
- *How will the school involve me in planning support if needed?*
- *Who can I reach out to if I have quick questions during the term?*



Clear communication early can prevent misunderstandings later.



A Few Weeks Later ...

- *Is my child settling in emotionally and socially?*
- *Are current supports working, or do they need adjusting?*
- *Does my child feel understood and supported at school?*
- *What has worked well so far this term?*
- *What could we do together to make this term even better?*



A Final Note for Parents

You don't need to have all the answers.

Asking thoughtful questions early can:

- *Reduce stress later*
- *Strengthen collaboration with schools*
- *Create clearer pathways for your child's success*

At Inclusion Arabia our aim is to support families, schools, and learners through inclusive, informed practice.

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